Moving and Handling People 2022 Conference Programme





Tuesday, Wednesday 25th & 26th October 2022 De Vere Beaumont Estate Windsor

Presented by DLF for Professionals

Main Auditorium



Tuesday 25th October

day 1



Plenary: Michael Mandelstam

Manual handling: a touchstone within health and social care?

Legal and ombudsman cases about manual handling in health and social care have long since thrown up diverse issues. Practitioners regularly grapple with the legal, practical and professional challenges these cases may bring.

Yet these issues tend to reflect health and social care more generally and are not just about manual handling in particular. Manual handling, after all, does not sit in splendid isolation.

Using selected case studies, Michael will illustrate aspects of manual handling, how these serve as a touchstone in health and social care, and consider what conclusions may be drawn for both present and future

Michael Mandelstam has provided independent legal training on health and social care for over 25 years.

He has also written many legal books, most recently Manual Handling in Health and Social Care (2nd edition, Jessica Kingsley Publishers, 2021).



Seminar One: Gill Creighton

Moving and Handling and Me!

A returning speaker to Moving and Handling People, Gill, a moving and handling specialist, suffered an illness leaving her with a T12 spinal cord injury, MHP welcomes back Gill to deliver her inspiration story of recovery, the moving and handling factors involved in her care and give insights from a patient's perspective. She will discuss her journey thorough acute services, rehabilitation and interventions she received.

Gill is an Occupational Therapist with 12 years' community experience specialising in moving & handling, bariatric care, reablement and equipment, and has worked independently for the past three yearsxt

Main Auditorium

Moving Handling & People

Wednesday 26th October



Plenary: Open Forum

Discussion by a panel of experts

Back by popular demand, the day starts with an open forum, where a case study will be introduced and put to the audience for discussion. We will also take questions from social media, emails and from the audience at the event. Hosted by Simon Wells, the panel of experts will include a number of presenters from the two day event.



Seminar Two: Penny Townsend

Complex Assessment - the essentials

For those working in health and social care assessment is a part of our everyday role when considering moving and handling people but over the past few year's several new factors have become prominent and need to be considered when undertaking an assessment. Penny will take this opportunity to bring the benefit of her experience and knowledge to review the essentials of complex risk assessment, what tools can be used to support the process and how we can conduct these safely.

Penny has worked as a children and young adults moving and handling adviser for the last 16 years for a local authority. This role entails training, advice and problem solving for complex needs, advice on equipment provision to schools and respite care settings.

Penny is a qualified paediatric physiotherapist and an advanced member of NBE. She has presented nationally and internationally on paediatric disability and moving and handling.

day 2

Practical Workshops



Run over both days





Work Shop One: Melanie Sturman

Hands off approach to moving with dignity

With the pandemic causing shortages of staffing in care and increased risks for those delivering hands on support, what can we do to reduce the need for handing? This workshop will work through case studies to decide whether support can be provided with hands off the person.

Workshop one will welcome the return of Melanie Sturman, Moving and Handling Lead for Norfolk County Council, specialising in dementia care.

Work Shop Two: Ben Salmon

Risky Business

Have you had enough of tearing your hair out over risk assessments? Have you heard 'what does your risk assessment say' one too many times? Do you feel like risk assessment is shrouded in mystery? Then come and join us for our interactive workshop.

Taking a straightforward approach to the process this workshop aims to look at a variety of considerations throughout the risk assessment journey from;

- Hazard spotting
- Selecting appropriate solutions
- Implementing control measures
- Appropriate recording

The session will use collaborative working and problem solving to help de-mystify risk assessment and allow us to build on our experience and inform our future practice

Ben began his career in the care industry as a home carer and has experience of direct care delivery across older people's services, physical and learning disabilities services and disabled children's services. After time as a Manual Handling advisor Ben moved into training delivery and has now been operating in this field for over 12 years

Practical Workshops



Run over both days



Work Shop Three: Julie Hewitt

Dignified minimal handling approach with the plus size person

Moving and handling with the plus size person can be complex. Assessments need to ensure dignity and respect is promoted and risks to others are reduced. Complexities with participation in activities of daily living, environments, and suitable equipment to all play a factor. This workshop will look at the considerations when supporting a plus size person to move.

Julie is an Occupational Therapist who is resourceful, focused, innovative and dedicated with over 30 years' experience in the care sector. She uses holistic assessments and therapy interventions to support rehabilitation and reablement to promote independence, dignity and respect so people can participate in meaningful activities of daily living.

Work Shop Four: Dennis Du-Cru

All about Slings

Further CPD Opportunities



Run over both days

Short Presentations

New in 2022, Moving and Handling People will be showing some further presentations on a loop to give more choice and CPD opportunities. Grab a coffee and see the following presentations.



Virtual Assessment - an ongoing trend?

During the pandemic, many assessors were asked to conduct assessments using the least amount of contact with their service users. In the world of moving and handling this can be a challenge. This short presentation will look at the benefits and risks with virtual assessment, lessons learnt and pose the question, is virtual assessment here to stay?

Clare started in the care sector over 22 years ago and always had a passion for moving and handling. After qualifying as an Occupational Therapist, Clare worked in many roles advising and improving moving and handling practice through assessment, prescription and training. Clare has worked developing the DLF's training services for the last five years.